



ALLERGEN INFORMATION

Updated 7/15/24

~A "Y" indicates the food product contains the particular allergen in the ingredient statement from the manufacturer.

~**Disclaimer:** Nutrition Services makes every attempt to identify ingredients that may cause allergic reactions for those with food allergies. There is a possibility that manufacturer's could change ingredients at any time without notice.

~Entrees listed on chart do not include any side items.

MENU ITEM	BRAND	Eggs	Milk	Soy	Peanuts	Fish	Wheat	Shellfish	Special
BREAKFAST									
Bagel, Breakfast Pizza**	Nardone	Y	Y	Y			Y		
Bar, Apple Oatmeal	Appleways	Y	Y	Y			Y		
Bar, Cherry Apple Crunch	The Father's Table		Y				Y		
Bar, Chocolate Chip Oatmeal	Appleways	Y	Y	Y			Y		
Bar, Lemon Chip Crunch	The Father's Table		Y	Y			Y		
Bar, Oatmeal Breakfast Round	Rich's	Y	Y	Y			Y		Processed in facility with nuts.
Biscuit	Pillsbury		Y				Y		
Biscuit, A+**	OPS	Y	Y	Y			Y		
Biscuit, Egg and Cheese	OPS	Y	Y	Y			Y		
Biscuit, Sausage**	OPS		Y				Y		
Bread, Banana	Super Bakery	Y	Y	Y			Y		
Bread, Blueberry	Super Bakery	Y	Y	Y			Y		
Bread, Lemon	Super Bakery	Y	Y	Y			Y		
Bread, Pumpkin	Super Bakery	Y	Y	Y			Y		
Cold Cereal									
Cheerios, Honey Nut	General Mills								Contains almond.
Cinnamon Toast Crunch	General Mills			Y			Y		May contain soy.
Cocoa Puffs	General Mills								
Golden Grahams	General Mills						Y		
Rice Chex	Chex								Gluten Free.
Trix	General Mills						Y		
Blueberry Chex	Chex								Gluten Free.
Cheerios	General Mills								Gluten Free.
Cinnamon Chex	Chex								Gluten Free.
Cinnamon Roll	Baker Boy	Y	Y	Y			Y		
Donut, Bite, Chocolate filled	Rich's	Y	Y	Y			Y		
Donut, Glazed	Rich's		Y	Y			Y		
Eggs, Scrambled	USDA	Y	Y						
French Toast Sticks	Bake Crafters	Y	Y	Y			Y		
French Toast, Glazed	Sunny Fresh Foods	Y		Y			Y		
Grahams, Vanilla Bear	MJM			Y			Y		
Muffin Top, Apple Cinnamon	Smart Choice	Y	Y	Y			Y		
Muffin Top, Blueberry	Smart Choice	Y	Y	Y			Y		
Muffin Top, Orange Crumb	Smart Choice	Y	Y	Y			Y		
Muffin, Banana	ChefPierre	Y					Y		
Muffin, Blueberry	ChefPierre	Y					Y		
Muffin, Chocolate	ChefPierre	Y	Y	Y			Y		
Oatmeal	USDA								May contain wheat.
Oatmeal, Overnight	OPS		Y						May contain wheat.
Pancake Chicken Bite	ProView	Y					Y		
Pancakes, Blueberry, IW	Max	Y	Y	Y			Y		
Pancakes, Cinnamon, IW	Max	Y	Y	Y			Y		
Pancakes, Whole Wheat	Bake Crafters	Y	Y	Y			Y		
Pizza, Breakfast**	Nardone	Y	Y				Y		May contain soy.
Pizza, Sausage Pizzazz Breakfast**	Max		Y	Y			Y		
Potato Casserole	OPS	Y	Y	Y					
Sandwich, Chicken & Waffle	OPS	Y	Y	Y			Y		
Tex Mex Breakfast Bowl	OPS	Y	Y	Y					
Waffle, Chocolate Chip, IW	Tasty Brands	Y	Y	Y			Y		Processed in facility with nuts.
Waffle, Dutch	J&J Snack	Y	Y	Y			Y		
Waffle, Maple Chip, IW	Bake Crafters	Y	Y	Y			Y		
Waffle, Maple, IW	Tasty Brands	Y	Y	Y			Y		Processed in facility with nuts.

** = Items containing pork